Historical Trauma: An Argument Against Crisis

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How do we understand true history?

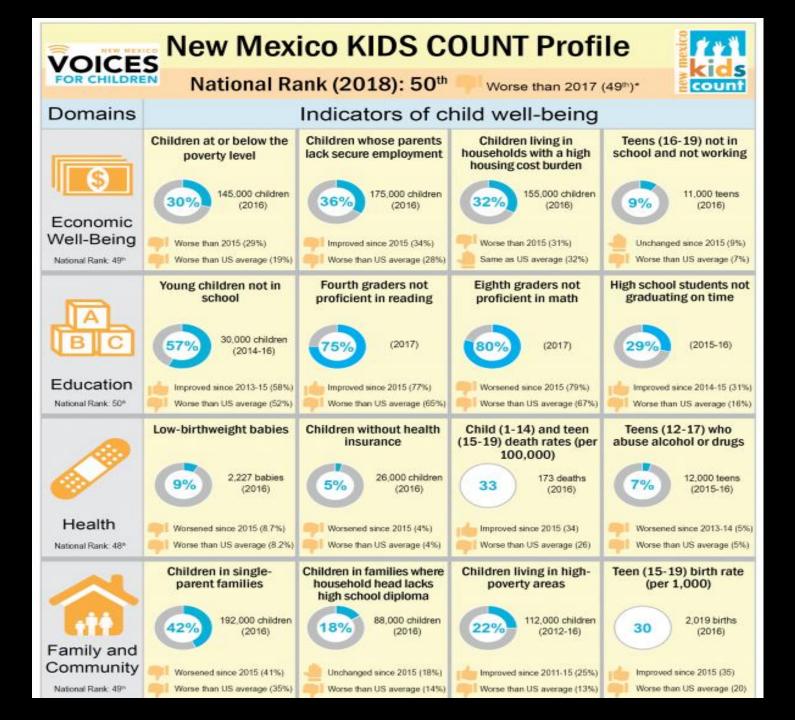
How does <u>Crisis</u> differ from an <u>Historical Blueprint</u>?

How does a place get *designed*?

How does colonization turn into internalized colonization?

What are steps we can take to challenge the cycle?

F History, despite its wrenching pain, cannot be unlived, but if faced with courage, need not be lived again."





ECONOMIC WELL-BEING

Economic Well-Being (1492 – Present)

-Crisis v. Blueprint

-Colonization designs communities and regions

-Exploitation of labor and devaluation of people





Education (the vote of 1856)

-5,016 "against" v. 37 "for" – <u>99.3% opposed</u>

-Compulsory ed. implemented *despite* vote

-Education taught Hispanos/Mexicanos they were "backwards," "primitive," "sub-human"

-Indian boarding schools: high death rates, malnourishment, "backwards," "savage"



<u>HEALTH</u>

Health

(1492 – Present)

-Genocide/Epistemicide

-Eradicate ways of knowing and ways of healing

-Alter diet, alter access to food and water ways

-Accessible health care tied to economic wellness



FAMILY AND COMMUNITY

(1492 – Present)

-Made stronger or weaker by access to resources

-Made stronger or weaker by quality education

-Made stronger or weakened by level of health

-Made stronger or weakened by systemic violence

Levels of Analysis

<u>G/H</u> NATION **STATE COMMUNITY** FAMILY **INDIVIDUAL**

There is only room for improvement

-De-colonization does not mean going backward

-Be courageous, radical, faithful in ancestral ways

-Break with current political and bureaucratic patterns

-Support endeavors that tend to get marginalized

-Trust the uniquely local and query the "standard"

"Another world is not only possible, she is on her way. On a quiet day, I can hear her breathing."



Thank you