Improving Child Well-Being in New Mexico

**Family and Community**

**INDICATOR: Teen Birth Rate***

<table>
<thead>
<tr>
<th>2016 indicator ranking</th>
<th>Teen birth rate</th>
<th>Trends in teen birth rates</th>
</tr>
</thead>
<tbody>
<tr>
<td>46th</td>
<td>38</td>
<td></td>
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<tr>
<td>births per 1,000 female teens</td>
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<tr>
<td>Number of teen births</td>
<td>2,540</td>
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</tbody>
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**WHAT IT WOULD TAKE TO IMPROVE OUTCOMES**

To move up 1+ rankings to 45th
- It would take a 1% drop in teen births
- Which means 25 fewer teen births

To move up 5+ rankings to 41st
- It would take a 14% drop in teen births
- Which means 360 fewer teen births

To move up to the top ranking
- It would take a 70% drop in teen births
- Which means 1,800 fewer teen births

**WHAT NEW MEXICO CAN DO**

- Increase funding and support for teen pregnancy prevention programs to help at-risk young women avoid pregnancy, and see alternative opportunities for their future.
- Expand funding and support for school-based health centers and county and tribal health councils in order to ensure teen access to health professionals and better integrate health care with social, emotional, behavioral and cognitive development for teens.
- Expand evidence-based, age-appropriate sex education and defund abstinence-only programs.
- Increase teen participation in extra-curricular activities including sports, after-school and summer learning programs, as well as community service and work experience opportunities.

* *Teen births per 1,000 females ages 15 to 19
**Ranking improvement estimates are based on point-in-time data reported in 2016; changes in other states’ outcomes can also influence New Mexico’s future rankings.
Sources: Rankings from: KIDS COUNT Data Book, Annie E. Casey Foundation, 2016 (because states can tie in indicator rankings it may take more than 1 or 5 rankings in order to move up); Data from: Centers for Disease Control and Prevention, National Center for Health Statistics (NCHS), National Vital Statistics birth data, 2008-2014
Pregnant women icon by Freepik from www.flaticon.com